

IRONMAN SPLASH & DASH, 2nd March 2009

The pre Ironman Splash & Dash event attracted 45 individuals and teams on Monday evening. The TriSport Taupo club organised event from the yacht club was over a 500 metre swim followed by a 4.7km run along the lake front. Junior John Glanville was first home in 24m43s followed by senior Tim Wilding in 25m32s. Chris Todd was the first veteran in 26m27s. Year 9 student Nicole Van Der Kaay was easily the first woman home in 8th place overall in 27m12s. Ironman visitor Michelle Bolhuis was the first veteran woman in 31m01s with Nicola Braddock the first senior in 41m11s. The Andrew Maisey team was the first of 15 team's home in 28m05s. There were excellent spot prizes presented by Ironman NZ after the event with Trisport Taupo stalwart and Ironman debutant Fiona MacDonald picking up a wet suit.

There is no Trisport event next week following Ironman. The next event is a 1.8/10/1.8km Duathlon at the AC reserve course on Monday 16th March. This event is open to the public with \$5 entry for non club members. The club insists that all cyclists have a road worthy bike (complete with helmet) and young competitors must be bike competent and compete with the approval of their parents.

The TriSport Taupo club wishes all Ironman competitors (particularly from Taupo) all the best this weekend.

For more information on the Trisport Taupo club events ring president Mark Aldridge 378 8090 ah or Steve Currie 378 2224. Also visit the clubs website at www.trisporttaupo.co.nz for the club calendar, entry forms and club articles

See next page for results

IronMan NZ Splash & Dash, 2 Mar-09, Taupo Yacht Club

500m Swim / 4.7km Run

NAME	GRADE	TIMES	PLACES		
			O/ALL	GRADE	
Individuals					
John	Glanville	JM	24.43	1	1
Tim	Wilding	SM	25.32	2	1
Aaron	Marshall	SM	26.06	3	2
Alex	Roberts	JM	26.26	4	2
Chris	Todd	VM	26.27	5	1
Tom	Bland	SM	26.30	6	3
Gregory	Ball	SM	27.10	7	4
Nicole	VanDerKaay	JW	27.12	8	1
Mark	McNerney	SM	27.53	9	5
Tony	More	SM	27.55	10	6
Andrew	Tattle	SM	28.48	11	7
Trevor	Watts	VM	30.13	12	2
Duncan	Muller	JM	30.18	13	3
John	Kuper	VM	30.27	14	3
Michelle	Bolhuis	VW	31.01	15	1
Ian	Issacs	VM	31.08	16	4
Matt	Truebridge	VM	31.23	17	5
Malcolm	Mayall	SM	31.36	18	8
Aisling	Bowden	JW	33.05	19	2
Sam	Dobbs	JM	33.16	20	4
Keegan	Pook	JM	33.38	21	5
Ray	Docherty	VM	34.39	22	6
Glen	Davies	VM	35.26	23	7
Jack	Davies	JM	35.33	24	6
Michael	Connor	VM	40.39	25	8
Nicola	Braddock	SW	41.11	26	1
Fiona	MacDonald	VW	41.57	27	2
Steve	Dewes	VM	41.58	28	9
Claire	Hume	JW	45.40	29	3
James	Weal	JM	swim only		
Teams					
Andrew Maisey Team	Team	28.05	1		
Steve Currie & John Van Der Kaay	Team	28.30	2		
Fe & Cary	Team	30.29	3		
Donna & Nikole Johns	Team	31.00	4		
Greg Waters & Jeff Fox	Team	31.24	5		
Rowan & James Cunningham	Team	31.50	6		
Rich & Fiona Neal	Team	32.52	7		
Jane Wilson & Jonty Simmonds	Team	33.14	8		
Janet & Carla	Team	33.30	9		
Greg & Tracey Watters	Team	33.50	10		
Steve & Sean Bowden	Team	35.33	11		
Sam Simmonds & Mitch Weal	Team	35.38	12		
Mike & Sam Connor	Team	37.00	13		
Darren & Donna Hume	Team	38.45	14		
Zane Whelan & George Signal	Team	39.12	15		