



### **SMITHS SPORTS SHOES MOUNTAIN BIKE DUATHLON, 15th Dece-08**

Tri Sport Taupo held a Mountain Bike Duathlon on Monday in Spa Park. A near record MTB Duathlon field of 46 took part in the in the Smiths Sports Shoes sponsored event. The course was approximately a 1.5km river bank run, 6.5km single track bike and finishing with a 1.5km run. First individual home was senior Tim Wilding in 27m44s followed less than a minute later by Cameron Durno. The first junior was Alex Roberts in 30m46s with Spud Douglas the first veteran in 34m27s. The first woman home was senior Emma Newall in 38m43s with the first junior Aisling Bowden in 40m09s. The first short course competitor (bike and one run) was junior Quinitin Adlam in 31m31s with the first junior woman Krista Barnett-Ballard in 38m59s. The first of the long course teams was the Sam Andrews team in 30m32s and the first short course team was Latetia Adlam and Ethan Bowater in 32m04s. The course proved challenging with a number of DNF's and bike problems. Five competitors picked up Smiths Sports Shoes New Balance spot prizes.

The next TriSport Taupo event is a 1.8/10/1.8km Duathlon on Monday 5 January around the Centennial circuit starting from outside the squash club at 6pm. This event is free to club members and \$5 for others. The club insists that all cyclists have a road worthy bike (complete with helmet) and young competitors must be bike competent and compete with the approval of their parents.

For more information on the Tri-Sport Taupo club events ring president Mark Aldridge 378 8090 ah or Steve Currie 378 2224. Also visit the clubs website at [www.trisporttaupo.co.nz](http://www.trisporttaupo.co.nz) for the club calendar, entry forms and club articles. Club calendars are also available at local sport shops.

The club wishes all its members and supporters a happy and safe Christmas and New Year.

**See next page for results**

**SMITH SPORTS SHOES  
NEW BALANCE MOUNTAIN BIKE  
DUATHLON N°7, 15th December 2008**



Spa Park, 1.5km run, 6.5km MTB, 1.5km run (all Approx.)

SP=Spot prize

NAME	GRADE	TIMES	PLACES		
			O/ALL	Grade	
<b>Long Course Individuals</b>					
Tim Wilding	SM	27.44	1	1	
Cameron Durno	SM	28.38	2	2	
Alex Roberts	JM	30.46	3	1	
John Glanville	JM	32.58	4	2	
Marty Devonport	SM	34.05	5	3	
Spud Douglas	VM	34.27	6	1	
Trevor Watts	VM	35.14	7	2	
Paul Riedel	SM	35.37	8	4	
Thomas Brand	SM	36.25	9	5	
Darryl August	VM	36.39	10	3	SP
Mike Roberts	JM	36.42	11	3	
Cameron Todd	JM	36.44	12	4	
Peter Boomen	VM	38.13	13	4	
Emma Newall	SW	38.43	14	1	
Andrew Maisey	VM	38.56	15	5	
Greg Fournier	VM	39.21	16	6	
Frank Sutton	JM	39.43	17	5	
Peter Sutton	VM	39.55	18	7	
Aisling Bowden	JW	40.09	19	1	
Mike Teddy	VM	40.38	20	8	
Ian Cox	VM	40.44	21	9	
Brendan Hawkins	JM	40.51	22	6	SP
Dean Hawkins	VM	40.53	23	10	
Kyle Goucher	JM	40.58	24	7	
Ricoh Flavell	JM	40.59	25	8	
Laura Richards	SW	41.33	26	2	
Daveena Hodgson	VW	43.14	27	11	
Carrie Vanderzwaag	SW	45.33	28	3	
James Weal	JM	dnf			
<b>Short Course Individuals</b>					
Quintin Adlam	JM	31.31	1	1	
Sam Connor	JM	33.22	2	2	
Michael Connor	VM	34.08	3	1	
Mathew Payne	JM	36.12	4	3	
Steve Bowden	SM	38.46	5	1	
Krista Barnett-Ballard	JW	38.59	6	1	
Sean Bowden	JM	40.26	7	4	
Hannah Pearce	JW	40.54	8	2	
Nikita Adlam	JW	48.20	9	3	SP
<b>Short Course Team</b>					
Latetia Adlam & Ethan Bowater	Team	32.04	1		
Joe Sutton & Jamie Ellery	Team	35.38	2		SP
Zhane & Ronin Team	Team	38.50	3		
<b>Long Course Team</b>					
Sam Andrews Team	Team	30.32	1		SP
Jason Galbraith Team	Team	33.38	2		
Dream Team	Team	36.41	3		
Spitfire (Corey & Steve) Team	Team	40.49	4		
Frank & Ellie Heenan	Team	41.41	5		