

MAINSTREET PHARMACY TRIATHLON, ACACIA BAY SOUTH, 8th DEC. 2008

The first Tri Sport Taupo Monday Triathlon for the summer attracted 43 individuals and teams at Acacia Bay South. The Mainstreet Pharmacy sponsored event was over a 200m swim, 9.6km bike and a 2.5km run course. Three of Taupo's top juniors Cameron Todd , Josh Kenyon and John Glanville had a real battle with the clubs top seniors Tim Wilding and Donald Patterson. Cameron was first home in 28m35s followed 16 sec later by Tim with Josh, Donald and John following in the next minute or two. The first veteran was Rob Brown in 33m40s. The first woman was visitor Emma Newall in 38m04s with veteran Debi Woodward the next competitor in 39m14s with junior Ellie Heenan in 40m31s. Four competitors and two teams did a short course option with nine teams doing the full course. Five of the competitors received a Mainstreet Pharmacy spot prize.

Next Monday is a Mountain Bike Duathlon for individuals or teams at Spa Park starting from the parking area at 6pm. This will approximately be a 1.8km/10km/1.8km event and is free to club members and \$5 for others. The club insists that all cyclists have a MTB worthy bike (complete with helmet) and young competitors must be bike competent and compete with the approval of their parents.

This Saturday there is the Pearl Izumi half Ironman in Taupo at 6:30am and on the Sunday at 10:30am is the Top Gear women's only triathlon at the AC Baths over a 10.8km run, 10km bike and 150m pool swim.

For more information on the Tri-Sport Taupo club events ring president Mark Aldridge 378 8090 ah or Steve Currie 378 2224. Also visit the clubs website at www.trisporttaupo.co.nz for the club calendar, entry forms and club articles. Club calendars are also available at local sport shops.

See next page for results

MAINSTREET PHARMACY TRIATHLON, 8th Dec 2008					SP=Spot Prize	
ACACIA BAY SOUTH						
200m Swim/9.6km Bike/2.5km Run						
NAME	GRADE	TIMES	PLACES			
			O/ALL	GRADE		
Individuals						
Cameron Todd	JM	28.35	1	1		
Tim Wilding	SM	28.51	2	1		
Josh Kenyon	JM	29.38	3	2	SP	
Donald Patterson	SM	29.45	4	2		
John Glanville	JM	30.29	5	3		
James McGrogan	SM	32.26	6	3		
Rob Brown	VM	33.40	7	1		
James Weal	JM	34.01	8	4		
Darryl August	VM	36.17	9	2		
Ray Docherty	VM	36.29	10	3		
John Kuper	VM	36.55	11	4	SP	
Emma Newall	SW	38.04	12	1		
Debi Woodward	VW	39.14	13	1		
Sam Dobbs	JM	39.38	14	5		
Willie Aitken	SM	40.15	15	4		
Duncan Muller	JM	40.22	16	6		
Ellie Heenan	JW	40.31	17	1		
Bevan Weal	SM	40.47	18	5		
Denis Lewis	VM	42.12	19	5		
Aisling Bowden	JW	42.38	20	2	SP	
Steph Johnson	JW	43.20	21	3		
Fiona MacDonald	VW	44.33	22	2	SP	
Jason Galbraith	SM	44.34	23	6		
Michael Connor	VM	47.40	24	6		
Janice McCashin	SW	47.55	25	2		
Samara Wilding	JW	52.18	26	4		
Sam Simmonds	JM	58.15	27	7		
Short Course						
Frank Sutton	JM	38.53	1	1		
Keegan Pook	JM	43.54	2	2	SP	
Sam Pook	VM	43.56	3	1		
Alison Rawley	VW	45.39	4	1		
Short Course Team						
Zhane & Ronin Team	Team	28.17	1			
Joe Sutton Team	Team	44.29	2			
Long Course Team						
Christina & Paul Butt	Team	32.39	1			
Greenwood & Watts Team	Team	35.23	2			
Sonia Williams & Ellie Heenan	Team	35.47	3			
Josh Kenyon & Andrew Maissey	Team	36.36	4			
3 Hawkins	Team	37.06	5			
Mitchell & James Weal	Team	42.58	6			
Kate Harland & Sean Bowden	Team	43.01	7			
Alistair Cambell, Scott Mackay, Tessa Payne	Team	46.46	8			
Luke Connor Team	Team	50.46	9			
Jamie Ellery	Team	In an unknown team				