



TOP GEAR CYCLES WOMENS ONLY TRIATHLON, Tuesday 10th Feb-09

A Trisport Taupo Women's only Triathlon attracted 20 competitors to the 4 Mile Bay event on Tuesday 10th February. The Top Gear Cycles sponsored event was over a 200m swim, 13.0km bike and a 2.5km run course. The lake was rough and provided a testing course for the competitors. Senior Naomi Prater won the event in 41m41s. Naomi is a Taupo Ironman visitor from Alaska and used her training and experience to good effect heading off Veteran Debi Woodward in 43m24s and Junior Ellie Heenan in 44m29s. Debi is also competing in Ironman and raced the Erin Baker standard triathlon at Kinloch only two days earlier. Top Gear Cycles donated many spot prizes after the event.

The next Trisport Taupo event is a triathlon at 4 Mile Bay on Monday 16th over the usual course for individuals or teams starting from the parking area at 6pm with registration at 5:30pm. The event is free to club members and \$5 for others. The club insists that all cyclists have a road worthy bike (complete with helmet) and all competitors must be swim and bike competent and young competitors must compete with the approval of their parents.

For more information on the Tri-Sport Taupo club events ring president Mark Aldridge 378 8090 ah or Steve Currie 378 2224. Also visit the clubs website at www.trisporttaupo.co.nz for the club calendar, entry forms and club articles. Club calendars are also available at local sport shops

See next page for results

TOP GEAR CYCLES WOMENS ONLY TRIATHLON,



10th Feb 2009 4 Mile Bay

200m Swim/13.0km Bike (3 Laps)/2.5km Run

NAME		GRADE	TIMES	PLACES	
				O/ALL	GRADE
Naomi	Prater	SW	41.41	1	1
Debi	Woodward	VW	43.24	2	1
Ellie	Heenan	JW	44.29	3	1
Jessica	Low	SW	46.09	4	2
Grace	Leung	SW	46.35	5	3
Annabele	Donovan	VW	47.25	6	2
Steph	Johnson	JW	48.09	7	2
Beth	Owen	JW	48.10	8	3
Aisling	Bowden	JW	48.58	9	4
Nicola	Braddock	SW	49.06	10	4
Sue	Moult	SW	49.50	11	5
Angela	Ashton	SW	49.53	12	6
Kate	Harland	VW	50.31	13	3
Denise	Martin	VW	52.34	14	4
Anna	Hayns	JW	52.45	15	5
Tania	Thomson	JW	57.27	16	6
Kristin	Grace	SW	58.28	17	7
Claire	Hume	JW	45.46	Two Bike laps	
Sarah	Foster	SW	dnf		
Janice	McCashin	SW	dnf		