



MAINSTREET PHARMACY TRIATHLON, 19th January 2009

The Tri Sport Taupo Monday Triathlon attracted 66 individuals and teams to the 4 Mile Bay event on 19th January. The Mainstreet Pharmacy sponsored event was over a 200m swim, 13.0km bike and a 2.5km run course. A group of about 24 St Kentergens College juniors took part with a total of 46 junior in the field. St Kents junior Sam Franklin was first home in 32m44s followed closely by Alex Smith in 32m57s. The first junior woman was Taupo's Shea Reardon in 38m20s. Tim Wilding was the only senior man in the field and came home 3rd in 34m28s with Chris Todd the first veteran in 36m17s. Grace Leung was the first senior woman in 514m59s. Sam Ward and Will Salwey were the first of 8 teams in 39m50s. Nine of the competitors received a Mainstreet Pharmacy spot prize.

As Monday the 26th is anniversary day there is no Tri Sport Taupo event in that week. On Monday 2 Feb will be another triathlon at 4 Mile Bay over the same course for individuals or teams starting from the parking area at 6pm with registration at 5:30pm. The event is free to club members and \$5 for others. The club insists that all cyclists have a road worthy bike (complete with helmet) and all competitors must be swim and bike competent and young competitors must compete with the approval of their parents.

The annual Taupo Triathlon at Kinloch is fast approaching on 8th Feb. Tri Sport Taupo organises this event in conjunction with TriNZ and Contact Energy. This will be the 26th running of the 1500m swim/40km bike/10km run Taupo Triathlon. Sprint course Triathlons 750/20/5 (NZ Champs) and 300/9/3km events are also being held.

For more information on the Tri-Sport Taupo club events ring president Mark Aldridge 378 8090 ah or Steve Currie 378 2224. Also visit the clubs website at www.trisporttaupo.co.nz for the club calendar, entry forms and club articles. Club calendars are also available at local sport shops

See next page for results

**MAINSTREET PHARMACY TRIATHLON,
19th Jan 2009 4 Mile Bay**



SP=Spot Prize

200m Swim/13.0km Bike/2.5km Run

| NAME | GRADE | TIMES | PLACES | | |
|------------------------|-------|-------|--------|-------|----|
| | | | O/ALL | GRADE | |
| Individuals | | | | | |
| Sam Franklin | JM | 32.44 | 1 | 1 | |
| Alex Smith | JM | 32.57 | 2 | 2 | |
| Tim Wilding | SM | 34.28 | 3 | 1 | |
| Alex Roberts | JM | 35.45 | 4 | 3 | |
| Matt Franklin | JM | 36.01 | 5 | 4 | |
| Chris Todd | VM | 36.17 | 6 | 1 | |
| Cam Urgert | JM | 36.32 | 7 | 5 | SP |
| James Weal | JM | 36.39 | 8 | 6 | SP |
| Cooper Rand | JM | 37.03 | 9 | 7 | |
| Thomas Mclaughlin | JM | 37.09 | 10 | 8 | |
| James Gordon | JM | 37.48 | 11 | 9 | |
| William Tremlett | JM | 38.00 | 12 | 10 | |
| Shea Reardon | JW | 38.20 | 13 | 1 | |
| Shayne Nairn | VM | 38.29 | 14 | 2 | |
| Bridgette Unknown | JW | 38.37 | 15 | 2 | |
| Thomas Tremlett | JM | 38.49 | 16 | 11 | |
| Rob Brown | VM | 38.53 | 17 | 3 | SP |
| John VanDerKaay | VM | 39.20 | 18 | 4 | |
| Mike Roberts | JM | 39.33 | 19 | 12 | |
| Hayley Niteri | JW | 40.10 | 20 | 3 | |
| Craig Greenwood | VM | 40.16 | 21 | 5 | |
| Kate Mclaughlin | JW | 40.25 | 22 | 4 | |
| Ian Issacs | VM | 41.44 | 23 | 6 | |
| Ray Docherty | VM | 41.58 | 24 | 7 | |
| Guy Williams | JM | 42.42 | 25 | 13 | |
| Nicole VanDerKaay | JW | 43.01 | 26 | 5 | |
| Joel Smith | JM | 43.36 | 27 | 14 | |
| Cameron Maurice | JM | 43.56 | 28 | 15 | |
| Duncan Muller | JM | 44.06 | 29 | 16 | |
| Steffi Jamieson | JW | 44.42 | 30 | 6 | |
| Fraser MacDonald | JM | 44.48 | 31 | 17 | |
| Frank Sutton | JM | 44.59 | 32 | 18 | SP |
| Jess Collingwood | JW | 45.53 | 33 | 7 | SP |
| Andrew Gillespie | VM | 46.23 | 34 | 8 | |
| Scott Salwey | JM | 46.32 | 35 | 19 | |
| Jordan Sievwright | JM | 47.05 | 36 | 20 | |
| Kyle Goucher | JM | 47.18 | 37 | 21 | |
| Trevor Watts | VM | 47.20 | 38 | 9 | |
| Liam Ward | JM | 47.31 | 39 | 22 | SP |
| Steph Johnson | JW | 47.36 | 40 | 8 | |
| James Murphy | JM | 47.45 | 41 | 23 | |
| Ellie Heenan | JW | 48.28 | 42 | 9 | |
| Hendrik Koekoek | JM | 48.38 | 43 | 24 | |
| Aisling Bowden | JW | 48.59 | 44 | 10 | |
| Scott MacDonald | JM | 51.07 | 45 | 25 | |
| Matt Nolan | JM | 51.13 | 46 | 26 | |
| Jamie Gillespie | JM | 51.31 | 47 | 27 | SP |
| Grace Leung | SW | 51.59 | 48 | 1 | SP |
| Alina Varoy | JW | 52.01 | 49 | 11 | |
| Isla Smith | JW | 52.24 | 50 | 12 | SP |
| Charles Finnigan | JM | 52.50 | 51 | 28 | |
| Daniel Drinnan | JM | 53.06 | 52 | 29 | |
| Janice McCashin | SW | 53.57 | 53 | 2 | |
| Blake Knight | JM | 56.03 | 54 | 30 | |
| Christie Jamieson | JW | 57.12 | 55 | 13 | |
| Tim Mudford | JM | 57.17 | 56 | 31 | |
| Zhane Whelan | JM | 58.51 | 57 | 32 | |
| Tania Thomson | JW | 60.37 | 58 | 14 | |
| Teams | | | | | |
| Sam Ward & Will Salwey | Team | 39.50 | 1 | | |
| Mark, David & David | Team | 40.19 | 2 | | |
| Ward, Morris & Murphy | Team | 42.06 | 3 | | |
| Rick, Greg & Martin? | Team | 44.01 | 4 | | |
| Second Timers | Team | 45.34 | 5 | | |
| Peter & Joe Sutton | Team | 46.33 | 6 | | |
| BLS Burger Team | Team | 51.53 | 7 | | |
| Jethro & Julie | Team | 58.01 | 8 | | |