



MAINSTREET PHARMACY TRIATHLON, 2nd February 2009, 4 Mile Bay

The Tri Sport Taupo Monday Triathlon attracted 56 individuals and teams to the 4 Mile Bay event on Monday 2nd February. The Mainstreet Pharmacy sponsored event was over a 200m swim, 13.0km bike and a 2.5km run course. Senior Tim Wilding was first home in 34m25s despite a heavy MTB racing schedule the day before. Alex Roberts was the first junior home in 35m22sec in second place behind Tim. Chris Todd was the first veteran in 36m45s. The first three women home were their age group winners and separated by less than 2 minutes. Junior Nicole VanDerKaay recorded 42m35s, veteran Debi Woodward did 43m42s with senior Rachael Fletcher recording 44m29s. Duncan Muller and Cam Todd team were the first of 11 team's home in 36m07s. The almost dead heat between old veteran buddies Trevor Watts and Craig Greenwood was one of the highlights of the evening. The other was Ray Docherty graciously declining the pink make up bag spot prize. Six of the competitors received a Mainstreet Pharmacy spot prize.

The annual Taupo Triathlon at Kinloch is on this Sunday 8th Feb. Trisport Taupo organises this event in conjunction with TriNZ and Contact Energy. This will be the 26th running of the 1500m swim/40km bike/10km run Taupo Triathlon. Sprint course Triathlons 750/20/5 (NZ Champs) and 300/9/3km (3-9-3) events are also being held. The 3-9-3 event is almost identical to the clubs Monday night triathlons and is the perfect race for those wanting to do a short triathlon as part of a big day of events.

There is no Trisport Taupo event on Monday 9th but on Tuesday 10th there is a Top Gear Woman's only triathlon at 4 Mile Bay over the usual course for individuals or teams starting from the parking area at 6pm with registration at 5:30pm. The event is free to club members and \$5 for others. The club insists that all cyclists have a road worthy bike (complete with helmet) and all competitors must be swim and bike competent and young competitors must compete with the approval of their parents.

For more information on the Tri-Sport Taupo club events ring president Mark Aldridge 378 8090 ah or Steve Currie 378 2224. Also visit the clubs website at www.trisporttaupo.co.nz for the club calendar, entry forms and club articles. Club calendars are also available at local sport shops

See next page for results

MAINSTREET PHARMACY TRIATHLON,

2nd February 2009 4 Mile Bay



SP=Spot Prize

200m Swim/13.0km Bike/2.5km Run

NAME	GRADE	TIMES	PLACES		
			O/ALL	GRADE	
Individuals					
Tim Wilding	SM	34.25	1	1	SP
Alex Roberts	JM	35.22	2	1	
James McGrogan	SM	35.43	3	2	
James Whiteman	SM	35.49	4	3	
Chris Todd	VM	36.45	5	1	
Rob Brown	VM	38.06	6	2	
Trevor Watts	VM	38.57	7	3	
Craig Greenwood	VM	38.57	8	4	
James Weal	JM	39.28	9	2	
Ryan Yerex	JM	40.16	10	3	
Ian Issacs	VM	40.17	11	5	
Dean Hawkins	VM	40.34	12	6	
Steve Yerex	VM	41.02	13	7	
Ray Docherty	VM	41.09	14	8	
John VanDerKaay	VM	41.20	15	9	
John Kuper	VM	41.31	16	10	
Nicole VanDerKaay	JW	42.35	17	1	
Mark Townend	VM	42.47	18	11	
Debi Woodward	VW	43.32	19	1	
Rachael Fletcher	SW	44.29	20	1	
Frank Sutton	JM	44.42	21	4	
Willie Aitken	SM	45.20	22	4	
Aidan Hawkins	JM	45.43	23	5	
Brendan Hawkins	JM	45.46	24	6	
Bevan Weal	SM	46.06	25	5	
Ellie Heenan	JW	46.32	26	2	
Peter Sutton	VM	46.33	27	12	SP
Jordan Sievwright	JM	46.35	28	7	SP
Jessica Law	SW	46.59	29	2	SP
Sam Dobbs	JM	47.05	30	8	
Ian Motion	VM	47.22	31	13	
Matt Douglas	SM	48.36	32	6	
Grace Leung	SW	48.39	33	3	
Aisling Bowden	JW	49.28	34	3	
Sarah Foster	SW	49.44	35	4	
Fiona MacDonald	VW	50.18	36	2	
Sue Moulton	SW	50.52	37	5	
Angela Ashton	SW	51.34	38	6	
Shane Brooks	SM	51.35	39	7	
Kate Harland	VW	52.15	40	3	
Michael Connor	VM	52.23	41	14	
Janice McCashin	SW	52.32	42	7	SP
Kyle Goucher	JM	52.50	43	9	
Jaymie King	JW	53.11	44	4	
Malcolm Mayall	SM	55.00	45	8	
Zhane Whelan	JM	55.51	46	10	
Keegan Pook	JM	56.04	47	11	
Teams					
Duncan Muller & Cam Todd	Team	36.07	1		SP
Donald Patterson & Spud Douglas	Team	37.54	2		
Steve Currie & Ray Docherty	Team	41.09	3		
Donald Patterson & Andrew Maissey	Team	41.28	4		
Dean Donovan Team	Team	43.23	5		
Spitfire Team	Team	46.14	6		
Luke Connor Team	Team	51.15	7		
Sue August Team	Team	52.16	8		
Malcom Team	Team	61.09	9		
Mitchell Weal Team	Team	51.52	10		
Joe Sutton & Jamie Ellery	Team	53.10	11		