



SMITHS SPORTS SHOES – NEW BALANCE DUATHLON, 5th January 2009

The 7th summer Duathlon was held on Monday night with 25 individuals and teams taking part. Many regular competitors were still on holiday resulting in a reduced field size from earlier weeks. The TriSport Taupo event is staged in conjunction with Smiths Sports Shoes and offers two different length courses around the AC baths-Centennial circuit. The main race comprises a 1.8km run, 10km bike, 1.8km run with the shorter course option being just the bike and run. First home of 19 individuals in the full Duathlon was junior Alex Roberts in 31m26s followed by junior Mike Roberts in 33m09s with the races oldest competitor Ray Docherty coming in 3rd in 33m59s. The first junior woman was Aisling Bowden in 41m50s. Frank Sutton set a personal best time of 37m26s for the event. In the shorter course event senior Sue August was first home in 34m40s with Rachel Carr the first junior in 36m34s and Cindy Carr the first veteran in 38m31s. The only short course team of Joe Sutton and Jamie Ellery recorded 35m25s.

Steve Croskery, John Kuper, Peter Sutton and Sue August were the lucky winners of the weekly Smiths Sports Shoes spot prizes with one of them picking up a pair of New Balance running shoes.

Next Monday's weekly TriSport Taupo event is the Mainstreet Pharmacy triathlon at 4 mile bay with registration from 5:30pm. This event for individuals or teams will comprise a 200 metre swim (close to the shore), 13km bike and a 2.5km run. The race is free for club members and \$5 for non members. Club membership can be paid on the night. The club insists that all cyclists have a road worthy bike (complete with helmet) and young competitors must be swim and bike competent and compete with the approval of their parents.

For more information on the Tri-Sport Taupo club events ring president Mark Aldridge 378 8090 ah, Chris Todd 377 0606 ah or Steve Currie 378 2224. Also visit the clubs website at www.trisporttaupo.co.nz for the club calendar, entry forms and club articles. Club calendars (includes entry form) are also available at local sport shops

See next page for results

**SMITH SPORTS SHOES
NEW BALANCE DUATHLON N°7,
5th January 2009**



1.8km/10km/1.8km at AC Reserve Course

PB=Personal Best, SP=Spot prize

NAME	GRADE	TIMES	PLACES		
			O/ALL	Grade	
Long Course Individuals					
Alex Roberts	JM	31.26	1	1	
Mike Roberts	JM	33.09	2	2	
Ray Docherty	VM	33.59	3	1	
Spud Douglas	VM	34.33	4	2	
Mike Bush	VM	34.49	5	3	
John Kuper	VM	35.39	6	4	SP
Steve Currie	VM	37.04	7	5	
Frank Sutton	JM	37.26	8	3	PB
Darryl August	VM	37.37	9	6	
Denis Lewis	VM	37.44	10	7	
Peter Sutton	VM	38.41	11	8	SP
Andrew Maisey	VM	40.35	12	9	
Kyle Goucher	JM	41.11	13	4	
Aisling Bowden	JW	41.50	14	1	
Sam Andrews	JM	42.42	15	5	
Nick Ellery	JM	42.43	16	6	
Cathy Bateup	SW?	43.02	17	1	
Ian Malem	SM?	43.03	18	1	
Steve Croskery	VM	45.58	19	10	SP
Short Course Individuals					
Sue August	SW	34.40	1	1	SP
Rachel Carr	JW	36.34	2	1	
Samantha Carr	JW	38.31	3	2	
Cindy Carr	VW	38.31	4	1	
Samara Wilding	JW	40.54	5	3	
Short Course Team					
Joe Sutton & Jamie Ellery	Team	35.25	1		