

### **IRONMAN SPLASH & DASH, 25 February 2008**

The pre Ironman Splash & Dash event attracted 59 individuals and teams on Monday evening. The TriSport Taupo club organised event from the yacht club was over a 400 metre swim followed by a 4.7km run along the lake front. Four of Taupo's top junior triathletes took out the four grades. Cameron Todd was first individual home and won the Open mens grade in 23m42s. Shea Reardon was the first woman winning the open womens grade in 27m29s. Josh Kenyon was first in the under 15 boys in 26m01s and Sonia Williams was first in the under 15 girls in 29m04s. The first team (male) was Mitch Nairn & Alex Roberts in 23m22s. Fe Lafferty & Janet Wilkinson were the first open women team in 31m15s. Claudia Bowman and Zac Marshall were the first under 15 team in 39m51 and Aspiring Health were the first mixed team in 29m28s. Five excellent spot prizes were presented by Ironman NZ after the event.

Next weeks TriSport event is the Mainstreet Pharmacy Triathlon on Tuesday at Wharewaka (4 Mile Bay) at 6pm. The event for teams or individuals will consist of a 200m swim close to the shore, a 13km bike and a 2.5km run. This event is open to the public with \$5 entry for non club members. The club insists that all cyclists have a road worthy bike (complete with helmet) and young competitors must be swim and bike competent and compete with the approval of their parents. This will be the last club triathlon for the summer.

The TriSport Taupo club wishes all Ironman competitors (particularly from Taupo) all the best this weekend.

For more information on the Trisport Taupo club events ring president Mark Aldridge 378 8090 ah or Steve Currie 378 2224.

**See next page for results**

