

ASPIRING HEALTH WOMENS ONLY TRIATHLON, 5th February 2008

Sixteen hardy women took part in the Aspiring Health women's only triathlon on Tuesday evening in wild windy weather. Senior Erin O'Hara was first home in 41m36s over the 200m swim, 12.5km bike and 2.5km run course at 4 Mile Bay. Second home was junior Kate McLaughlin in 42m54s with senior Julie Franks third in 46m52s. Debi Woodward was the first veteran and 4th overall in 48m20s. Over half of the field received Aspiring health spot prizes.

The next club event is another triathlon for individuals or teams at 4 mile bay on Monday 11 February at 6pm over the same course. This event is free for club members and \$5 for non-club members. The club insists that all cyclists have a road worthy bike (complete with helmet) and young competitors must be swim and bike competent and compete with the approval of their parents.

For more information on the Tri-Sport Taupo club events ring president Mark Aldridge 378 8090 ah or Steve Currie 378 2224. Club calendars are also available at local sport shops

ASPIRING HEALTH WOMENS TRIATHLON, 5th Feb 2008					
Wharewaka, 4 Mile Bay					SP=Spot Prize
200m Swim/12.5km Bike/2.5km Run					
NAME	GRADE	TIMES	PLACES		
			O/ALL	GRADE	
Individuals					
Erin O'Hara	SW	41.36	1	1	SP
Kate McLaughlin	JW	42.54	2	1	
Julie Franks	SW	46.52	3	2	SP
Debi Woodward	VW	48.20	4	1	SP
Nicole VanDerKaay	JW	48.41	5	2	
Nicole Scott	JW	48.45	6	3	SP
Annabele Donovan	VW	49.10	7	2	
Fiona MacDonald	VW	49.50	8	3	
Rachel Aspiring Health	SW	51.35	9	3	
Nicola Braddock	SW	53.20	10	4	SP
Kate Harland	VW	56.22	11	4	SP
Ellie Stevens	JW	56.58	12	4	SP
Rose Stevens	VW	56.59	13	5	SP
Aisling Bowden	JW	59.16	14	5	
Chris Kahia	VW	65.53	15	6	
Pilar Whelan	SW	71.28	16	5	SP