

To

SPORTS SHOP DUATHLON, 7th January 2008

The TriSport Taupo Sport Shop Duathlon summer series continued on Monday night with a field of 43 individuals and teams. The event comprised a 1.8km run, 10km bike, 1.8km run around the AC baths-Centennial circuit. Senior man James McGrogan was the first home in a personal best time of 29m54s. Junior Alex Roberts was 2nd home also in a PB of 30m17s. The first male veteran was Chris Todd in 4th place overall in 32m03s. The first woman home was Junior Nicole Scott in 40m18s with Fiona MacDonald the first veteran in 42m49s. Others to set personal best times on the long course were Jesse Douglas, John VanDerKaay, Bruce Mason, Denis Lewis, Aisling Bowden and Paula Vass. Junior Jordan Sievwright was the first home on the short course (bike and run) in 33m06s with Sue August the first woman in 33m30s. The first of six long course teams was the Dean Hawkins Team in 33m47s. The Sports Shop spot prizes went to Nick Cameron, Kyle Goucher and Cindy Carr.

The next weekly Trisport Taupo event for individuals or teams is a triathlon at Acacia Bay South starting at 6pm sharp. Registration is from 5:30pm. . This will comprise a 200m swim, 9.5km bike and a 2.5km run. This event is free for club members and \$5 for non-club members. The club insists that all cyclists have a road worthy bike (complete with helmet) and young competitors must be swim and bike competent and compete with the approval of their parents.

The clubs annual Taupo Triathlon at Kinloch is on Sunday 3 February. This will comprise the traditional Erin Baker standard triathlon (1.5km swim, 40km bike, 10km run) and the TRINZ short course NZ champs (750m/10km/5km). Entry forms available from sports/bike shops and on the TRINZ web site.

For more information on the Tri-Sport Taupo club events ring president Mark Aldridge 378 8090 ah or Steve Currie 378 2224.

See results on next page

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1.8km/10km/1.8km at AC Reserve Course

PB=Personal Best

SP=Spot Prize

NAME	GRADE	TIMES	PLACES		
			O/ALL	Grade	
Long Course Individuals					
James McGrogan	SM	29.54	1	1	PB
Alex Roberts	JM	30.17	2	1	PB
Cameron Todd	JM	30.20	3	2	
Chris Todd	VM	32.03	4	1	
Mike Roberts	JM	32.46	5	3	
Spud Douglas	VM	32.49	6	2	
Nick Cameron	JM	34.16	7	4	SP
Ray Docherty	VM	34.22	8	3	
Jesse Douglas	JM	34.28	9	5	PB
James Weal	JM	35.05	10	6	
John VanDerKaay	VM	35.20	11	4	PB
Darrin Hall	VM	35.29	12	5	
John Kuper	VM	35.58	13	6	
		UnKnown	37.08	14	
Bruce Mason	SM	37.23	15	2	PB
Greg Fournier	VM	37.38	16	7	
Brian Scott	VM	38.37	17	8	
Denis Lewis	VM	38.45	18	9	PB
Andy Bloomer	VM	39.56	19	10	
Hector Vass	VM	40.05	20	11	
Nicole Scott	JW	40.18	21	1	
Josh Kenyon	JM	41.51	22	7	
Fiona MacDonald	VW	42.49	23	1	
Kyle Goucher	JM	43.19	24	8	SP
Ian McQuay	VM	43.36	25	12	
Damian Jones	JM	44.06	26	9	
Aisling Bowden	JW	46.17	27	2	PB
Kate Harland	VW	46.18	28	2	
Paula Vass	VW	46.36	29	3	PB
Chris Kahia	VW	50.57	30	4	
Short Course Individuals					
Jordan Sievwright	JM	33.06	1	1	
Sue August	SW	33.30	2	1	
Mitchell Weal	JM	33.53	3	2	
Alex Vass	JM	36.10	4	3	
Cindy Carr	VW	36.24	5	1	SP
Deborah Carr	JW	37.22	6	1	
Lucy Vass	JW	37.49	7	2	
Long Course Teams					
Dean Hawkins Team	Team	33.47	1		
Grant Townley & Grant Crawford Team	Team	34.40	2		
Ian Issacs Team	Team	39.06	3		
Monica & Juliet Jones	Team	44.16	4		
Kaye Issacs Team	Team	46.00	5		
Lucy & Samuel Mason Team	Team	??	6		